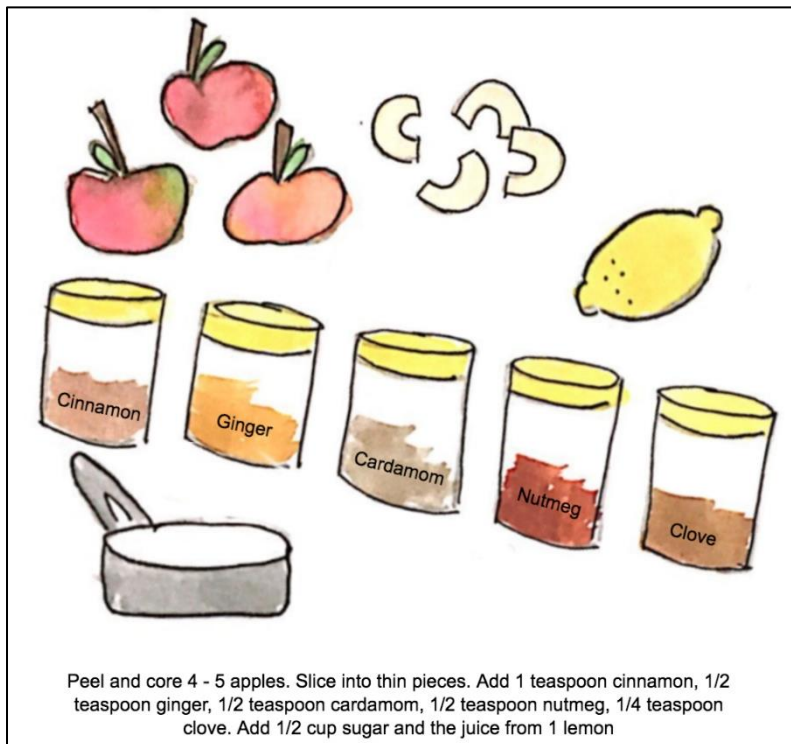
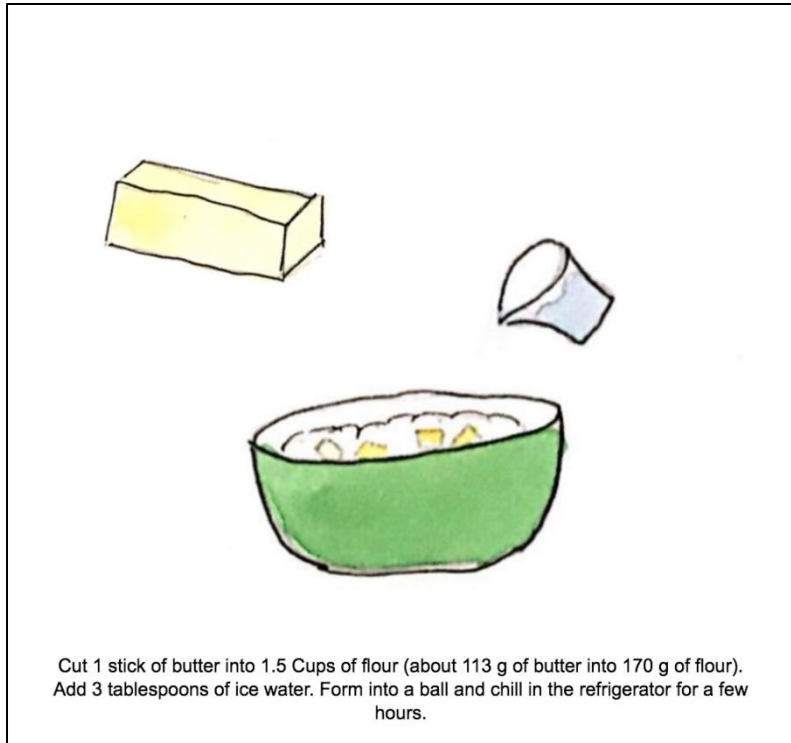



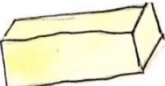

How To Make An Apple Pie:






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Roll out crust and place in a 9" pie pan, crimp the edges. Fill the crust with the apples.



Melt 1 stick of butter (1/2 cup, 113 grams) and mix in 1/2 cup flour (about 84 grams), 3/4 cup rolled oats (about 67 grams), 1/2 cup brown sugar (about 100 grams), and 1 teaspoon of cinnamon. It should be crumbly.



Spread the crumb mixture over the apples. Place in an oven heated to 375 F for 45 - 55 minutes. The crust golden.

