How To Make A Book:

5 - 10 pieces of paper 8.5" x 5.5" (half sheets of printer paper work great), these will make up the signature - the pages of the book.

1 piece of decorative paper or fabric 9.5" x 7" with the corners trimmed off. This will be used as the cover.

2 pieces of paper 8.5" x 5.5", these will be used for the end papers so nice if they're colorful.

2 pieces of cardboard 4.5" x 6" and 1 piece of cardboard 0.25" x 6".

Glue, needle and thread

Instruction Guide created by OSH Educator Sonya Ochshorn
How To Make A Book:

Glue the thin strip of cardboard to the center of the outer paper, glue the larger pieces about 1/4 inch away from the center piece. Fold the edges in and over the cardboard, glue in place.

Fold each sheet of paper in half and crease carefully. Stack them together and measure dots 1" apart starting in the center. Use your needle to pre-pierce these holes. With the thread, sew the signature together reversing at the end to make a double seam.
How To Make A Book:

Fold the end papers in half. Glue the outside of one to the outside of the signature. Repeat with the second end paper on the other side of the signature. Glue the center of the signature to the center strip of cardboard. Glue the end papers to the exposed cardboard rectangles. Close the book and press down making sure all the edges are crisp.