Sweet Potatoes are a staple dish in many cultures. They can be grown from vine clippings or from sprouts, called slips, that are cut from a fully grown potato. Sweet potato plants thrive in warm weather, so they are typically planted a month after the last frost of spring. The plants produce sprawling vines with heart-shaped leaves that will sometimes flower in the late summer. These flowers have fused petals and can range in color from light blue to purple. Sweet potatoes grow from the plant's tuberous roots. In the early fall, the leaves at the end of the vines will turn yellow, and the sweet potatoes are ready to be dug up!